IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Appln. No.: 10/685,067

Applicant: Gordon L. Brown, Jr.

Filing Date: October 14, 2003

Title: VARIABLE RESISTANCE

EXERCISE DEVICE

TC/A.U.: 3764

Examiner: Jerome W. Donnelly

Docket No.: 30922-2

Commissioner for Patents Post Office Box 1450 Alexandria, VA 22313-1450

AMENDMENT AND RESPONSE UNDER 37 CFR 1.111

Dear Sir:

The remarks and amendments are submitted in response to the Official Action mailed December 31, 2008.

The response is submitted within three months of the mailing date of the official response.

Payment for fees for additional claims is submitted herewith.

The application is believed to be in condition for allowance for the reasons set forth herein.